

# Farm to School Curricula:

Used Across the Country and Available to YOU:

## **Sustainable Agriculture and Programs for K-12 Youth**

This 16-page (PDF) guide to sustainable agriculture-oriented educational opportunities for schoolchildren features more than 50 programs and curricula nationwide, from “Growing Minds,” a program linking the garden and agriculture in Appalachia, to “French Fries and the Food System,” a year-round curriculum focusing on ways youth can better understand land and local food systems. Includes direct links, program contact information and ideas for integrating lessons into school programs.

**Access PDF here:** <http://www.sare.org/publications/edguide.htm>

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## **French Fries and the School System**

“This agricultural curriculum features powerful, original lessons written and developed by The Food Project's growers and educators. Organized by season, the material teaches youth how to develop a deep understanding of and appreciation for the land and local food systems. Lessons can be done both indoors and outdoors and can be easily adapted by instructors working in school-based plots, urban food lots, and environmental education programs.”

**Order Curriculum here:** <http://thefoodproject.org/books-manuals>

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## **Rethinking School Lunch**

“The RSL guide provides a planning framework that contains tools and creative solutions to the challenges of improving school lunch programs, academic performance, ecological knowledge, and the well-being of our children. In its chapters, accessible below, experts and practitioners highlight goals and challenges, showcase success stories, and offer resources for further exploration.”

**Download the entire guide here:** <http://www.ecoliteracy.org/programs/rsl-guide.html>

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## **Cornell University’s ‘Discovering the Food System’**

This guided experiential learning program is designed primarily for youth ages 12 to 18. The curriculum provides a basic understanding of the food system and our connection to that system through the choices we make every day.

**Download Curriculum here:**

<http://www.hort.cornell.edu/departments/faculty/eames/foodsys/index.html>

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## **Food is Elementary Curriculum**

Food is Elementary© (FIE) is a unique and vibrant curriculum that teaches children about food, nutrition, culture, and healthy living by:

- Educating children about the relationship between food choices and disease prevention
- Providing children with the life skill of food preparation through hands-on interactive experience
- Involving families and community in classroom teaching, school meals, gardens, and collaborative mural projects

**See Lesson Summaries Here:**

<http://www.foodstudies.org/Curriculum/LessonSummaries.htm>

**Order the Curriculum Here:**

<http://www.bookmasters.com/marktplc/10033.htm>

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## **Green Teacher Magazine**

Green Teacher is a magazine that helps youth educators enhance environmental and global education inside and outside of schools. The magazine is published four times a year and contains fifty pages of ideas and activities:

- Ideas for rethinking education in light of environmental and global challenges.
- Practical articles and ready-to-use activities for various age levels from 6-18.
- Resource reviews: evaluations of dozens of new books, kits, games and other green resources.

**See back issues and order a subscription here:** <http://www.greenteacher.com/>

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## **Growing a Green Generation**

From the Sustainable Horticultural Department of the University of New Hampshire: a curriculum of gardening activities for preschool and kindergarten children.

**Access the curriculum or order the book here:** <http://horticulture.unh.edu/ggg.html>

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## **Vermont FEED: Farm to School Education Curriculum**

Teacher Units on healthy food and food systems: Pre-K through High School

**Access the lessons and activities here:**

[http://www.vtfeed.org/tools\\_and\\_resources/tools\\_for\\_teachers/Teacher\\_units](http://www.vtfeed.org/tools_and_resources/tools_for_teachers/Teacher_units)

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## **Oklahoma Agriculture in the Classroom**

Month by Month Activities for the School Year

**Access Activities here:** <http://www.clover.okstate.edu/fourh/aitc/>

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## **A Visit to the Farmers' Market**

From Brain Child Press, a picture book and corresponding curriculum for children in Preschool to 2<sup>nd</sup> grade.

**Order Here:** <http://www.brainchildpress.com/FarmersMarket.html>

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## **The Growing Classroom: Garden and Nutrition Activity Guide**

Containing hundreds of pages of science, math, and language arts activities that one can do with students in the garden. Topics include soil, plants, cycles, ecology, weather, nutrition, and food systems.

**Browse the table of contents and order here:**

<http://www.lifelab.org/store-curricula.html#tgc>

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## **Agriculture in the Classroom & Pennsylvania Farm Bureau Lesson Plans**

Created by the USDA, lessons are centered around helping students have a greater awareness of the role of agriculture in their lives and everyday life.

**Search for Lesson Plans here:** [http://www.agclassroom.org/directory/search\\_basic.cfm](http://www.agclassroom.org/directory/search_basic.cfm)

**Access Pennsylvania's Lesson Plans, broken down into two levels here:**

<http://www.pfb.com/programs/ag-in-the-classroom/lesson-plans.htm>